

AIR QUALITY

COVID-19

STAYING SAFE & HEALTHY

PARENT GUIDE



Waiting in your car for your child to come out from daycare or school? COVID-19 reduced contact measures are keeping parents in their cars and out of buildings. FACT: Face masks DO NOT protect against air pollution!

TURN OFF YOUR ENGINE!

Idling vehicles contribute to air pollution and emit air toxins, which are pollutants known or suspected to cause cancer or other serious health effects.



35,000 children in Hamilton County have asthma!

Because of their developing lungs, children are more susceptible to air pollution.



Idling more than 10 seconds uses more fuel than restarting the engine. Most people waste 1-2 entire tankfuls of gas every year by idling. Not only are you protecting your child, but you're protecting your wallet, too!

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Looking for more information on children's health, air pollution, or anti-idling initiatives?

- **US Environmental Protection Agency (EPA):**

<https://www.epa.gov/schools/idle-free-schools-toolkit-healthy-school-environment>



- **National Institute for Environmental Health Sciences (NIEHS):**

<https://www.niehs.nih.gov/health/topics/agents/air-pollution/index.cfm>



- **US Department of Energy:**

https://afdc.energy.gov/files/u/publication/idling_personal_vehicles.pdf



*The information provided is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. You should not use this information to diagnose or treat a health problem or disease without consulting with a qualified healthcare provider. Please consult your healthcare provider with any questions or concerns you may have regarding your condition.

Acknowledgements:

Produced by University of Cincinnati, Center for Environmental Genetics 10/15/20, grant P30 ES006096 from the National Institute of Environmental Health Sciences (NIEHS), National Institutes of Health (NIH). The contents are solely the responsibility of the authors and do not necessarily represent the official views of the NIEHS or the NIH. *To contact us, please visit <https://med2.uc.edu/eh/centers/ceg/cec> or call (513) 558-2221.*

This document was supported by the American Academy of Pediatrics (AAP) and funded (in part) by the cooperative agreement award number 1 NU6ITS000296-01-00 5 from the Agency for Toxic Substances and Disease Registry (ATSDR). Its contents are the responsibility of the authors and do not necessarily represent the official views of the ATSDR.

The U.S. Environmental Protection Agency (EPA) supports the Pediatric Environmental Health Specialty Units (PEHSU) by providing partial funding to ATSDR under Inter-Agency Agreement number DW-75-95877701. Neither EPA nor ATSDR endorse the purchase of any commercial products or services mentioned in PEHSU publications.

