



**Office of Clinical Research
First Friday**

**An Update on Conducting
Research at the VA:
It is Easier Than You Think!**

Friday, June 3rd, 2022

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Learning Objectives:

- 1) Identify the different funding mechanisms at the VA that would align with research goals.
- 2) Follow up with the appropriate people at the VA to initiate their research depending on type.
- 3) Outline the steps of the research process that are different between UC and the VA.

Target Audience:

Clinical Research Professionals (CRPs) at UC/H and Cincinnati Children's Hospital Medical Center (CCHMC): including Principal Investigators (PIs), Research Nurses (RNs), Critical Care Unit Nurses (RNs), Pharmacy Technicians and Regulatory Specialists.

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Off-Label Disclosure Statement:

Faculty members are required to inform the audience when they are discussing off-label, unapproved uses of devices and drugs. Physicians should consult full prescribing information before using any product mentioned during this educational activity.

Learner Assurance Statement

The University of Cincinnati is committed to mitigating all conflicts of interest issues that could arise as a result of prospective faculty members' relationships with ineligible companies. The University of Cincinnati is committed to retaining only those speakers with financial interests that can be mitigated as they relate to the goals and educational integrity of the CME activity.

Accreditation Statement for Directly Sponsored Activity

The University of Cincinnati is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Cincinnati designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Participants should claim only the credit commensurate with the extent of their participation in the activity.

CRPs, NPs, PAs, and RNs can count activities certified for *AMA PRA Category 1 credit*[™] for professional credit reporting purposes. Other healthcare professionals should inquire with their certifying or licensing boards.

Disclaimer Statement

The opinions expressed during the live activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.

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Speaker Disclosure:

In accordance with the ACCME Standards for Integrity and Independence and the University of Cincinnati policy, all faculty, planning committee members, and other individuals, who are in a position to control content, are required to disclose all relationships with ineligible companies (commercial interest) within the last 24-months. All educational materials are reviewed for fair balance, scientific objectivity, and levels of evidence. The ACCME requires us to disqualify individuals who refuse to provide this information from involvement in the planning and implementation of accredited continuing education. The following disclosures were made:

Planning Committee Members:

- Maria Stivers, MS, CIP; Course Director – No Relevant Relationships
- Nathaniel L. Harris, BS, Course Coordinator – No Relevant Relationships
- Zachary Johnson, BS – No Relevant Relationships
- Heather Muskopf, CME Program Manager – No Relevant Relationships

Speaker:

Kathleen Chard, PhD

Associate Chief of Staff/Research
Director Trauma Recovery Center
Cincinnati VA Medical Center
No Relevant Relationships

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June 2022 Study of the Month #1

Do you have Depression with Sleep Problems?

Are you currently taking an antidepressant?

What

A research study to evaluate the safety and effectiveness of an investigational medicine in people who have depression with sleep problems.

Who

Adults 18-74 with depression who are currently taking an antidepressant medication, and are experiencing difficulty falling asleep or staying asleep, or do not feel rested the next day.

Pay

Participants will be paid \$52 per visit for time and travel costs related to the study.

Details

For more information, contact Emily Rummelhoff at (513) 558-4295 or Emily.rummelhoff@uc.edu.



23-21 IRB # 2020-0585



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June 2022 Study of the Month #2

Do You Have Anxiety?

Anxiety Study for Adults

What

The purpose of this clinical research study is to evaluate which patients respond best to which medication treatment for anxiety and to understand long-term recovery from anxiety disorders.

Who

Adults 18 to 50 years old may be eligible to participate. Common anxiety symptoms include uncontrollable worrying, restlessness, discomfort in social situations, irritability, panic attacks, and sleep difficulties.

Pay

Participants will receive payment for time and travel for each completed study visit. All study visits, tests, procedures, and medication will be provided at no cost to participants.

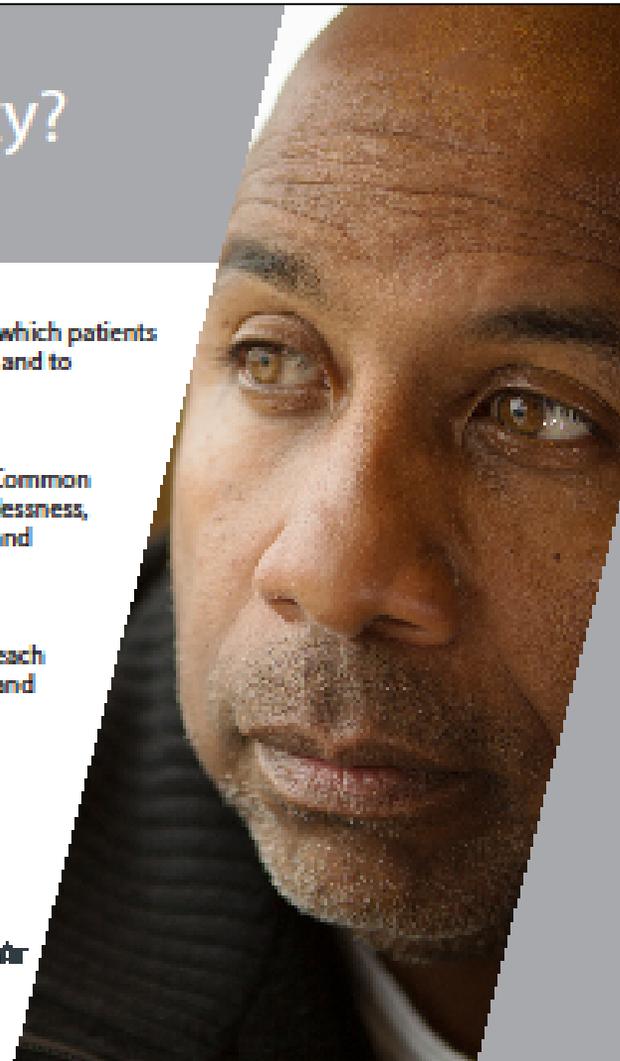
Details

For more information, please contact Ashley Specht at 513-558-2868 or huckabam@mail.uc.edu or Heidi Schroeder at 513-558-4422 or heysehk@mail.uc.edu.



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New Resource: UC Regulatory Channel:

This chat channel was created with the goal of unifying the regulatory communities and specialists at UC/UCH. There are many ways of handling regulatory duties, and this chat is designed to create an open community where any question, suggestion, or inquiry is welcomed. This channel will can provide the following to all who join:

- Aid or advice to new regulatory staff members at UC/UCH
- Potential demo/training opportunities of new systems, regulatory procedures, or submissions
- Discussion or feedback relating to regulatory submissions/approval processes for studies using UC IRB, CIRBs, or external IRBs
- Sharing of regulatory guidance documents and knowledge as it relates to FDA/ICH guidelines or OCR/IRB SOPs and Policies
- A way for regulatory staff to unify and share ideas or create innovative workflows aiding the regulatory processes

For anyone interested in joining this chat channel, please send an email to Kalen Butcher (butchekn@ucmail.uc.edu) to be added or have your team members added.

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SOCRA CRP CERTIFICATION EXAMINATION

Hosted by CCHMC

Tuesday, August 9th, 2022

Please visit the [SOCRA website](#) for more details.

The Registration Deadline is Tuesday, June 28th, 2022

[Register Here](#)

Open review sessions hosted by CCHMC CRP:

- Study Review Session 1: **Thursday, July 14, 2022, 10am:** [Click here to join the meeting](#)
- Study Review Session 2: **Friday, July 22, 2022, 1pm:** [Click here to join the meeting](#)

Both review sessions will contain the same content.

For any questions or further information, please contact the CCHMC CRP Group at CRP@cchmc.org or Nate Harris at harrisnl@ucmail.uc.edu

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UC / UC Health Clinical Research Orientation and Training (CRO&T)

Thursday, June 9th, 2022

9:00 am - 3:00 pm

Virtual presentation

TODAY is the last day of registration

Register [HERE](#)

**Please reach out to Nate Harris,
nate.harris@uchealth.com for any questions**

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Office of Clinical Research Lunch & Learn

Thursday, June 16th , 2022, 12:00noon - 1:00pm
Virtual Presentation

ClinCard Participant Payment Solution

Join us to learn about UC Health's preferred participant payment solution for clinical trials- ClinCard, which is the industry standard in participant payment automation that eliminates the administrative burdens that can distract from the pursuit of research by allowing you to pay your participants with a few short clicks in the payment website. ClinCard allows participants to receive their payments in a quick and easy way while providing a full audit history, for the coordinator's benefit.

Lacey Kuberiet
Greenphire Team Lead, Product Training

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Today's Presentation:

An Update on Conducting Research at the VA: It is Easier Than You Think!

Dr. Chard is the Associate Chief of Staff for Research at the Cincinnati VA. She will be presenting on the ins and outs of conducting research at the VA, in the animal, bench and clinical realms. There have been many changes in the regulations and many of the restrictions that limited collaboration have been removed. Please come and hear how you can increase participation in your studies by including Veterans!

Kathleen Chard, PhD
Associate Chief of Staff/Research
Director Trauma Recovery Center
Cincinnati VA Medical Center

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Cincinnati VAMC Research Department

Kathleen M. Chard, PhD

Associate Chief of Staff/Research
Director, Trauma Recovery Center
Cincinnati VA Medical Center

Professor of Psychiatry and Behavioral Neuroscience



Cincinnati VA Medical Center

3200 Vine St. | Cincinnati, Ohio 45220 | 513-861-3100

VA Research Areas of Focus

Alzheimer's Disease*

Arthritis

Cancer*

Cardiovascular Disease*

Caregivers

Complementary and Integrative Health

Depression

Diabetes

Gastrointestinal Health*

Genomics*

Health Care Delivery

Health Equity

Hearing Loss

Hepatitis C

Homelessness

Infectious Diseases*

Kidney Disease

Mental Health

Obesity

Pain

Parkinson's Disease

Posttraumatic Stress Disorder*

Prosthetics

Respiratory Health*

Rural Health

Spinal Cord Injury

Substance Use Disorders*

Suicide Prevention

Traumatic Brain Injury (TBI)*

Vision Loss

Women's Health

Types of VA Research

- Biomedical Laboratory and Clinical Research (Merit)
- Health Services Research (HSRD, QUERI)
- Rehabilitation Research
- Cooperative Studies Program (CSP)
- Career Development Programs
 - Similar to NIH K Awards
 - Different levels
 - Open to MDs and PhDs



Eligibility to Submit VA Research Grants

Physicians

- Must hold 5/8 VA appointment at time grant will start
- US citizenship desirable, but usually not required if permitted to be hired by VA

PhD Scientists

- Must be selected by VA Central Office (competitive application process)
- US citizenship required



Cincinnati VAMC Research Service

Name	Position	Telephone
Kate Chard, PhD	ACOS/R	475-6328
Jeremi Eveland	AO	475-6498
Tim Roth	Budget Analyst	475-6342
Aaron Alles	Compliance	x4428
Stephanie Zazycki	Grant Submission	x4080
Diane Gillotte	Pgm. Support Asst.	475-6328
Marciala Beagles	Grants Admin.	X5434



VAMC Research Staff

Stephanie Zazycki: 861-3100 x4080

- Internal grant submission
- Electronic grant submission
- Point of contact for all federal grant information
- New protocol submission for all committees
- Modification and annual review submissions



Cincinnati VA Medical Center

3200 Vine St. | Cincinnati, Ohio 45220 | 513-861-3100

VAMC Research Staff

Diane Gillotte: 475-6328

- Key distribution and control
- Purchase orders
- Contact for Dr. Chard
- Access to Research Conference Room



Sponsored Research

Cincinnati Education & Research for Veterans Foundation

Ron Hakes, Executive Director

- Non-profit corporation (equivalent to UCP)
- Handles pharmaceutical studies, NIH and other non-VA government grants, works with UC

Clinical Research Unit

Jack Rubinstein, MD, Director

- 3 Study Coordinators
- VA and non-VA funded studies
- Planned overnight housing
- Part of CTSA-CCHMC, UC
- Seed grants (RIP, Ursich, Rehn)



Future Directions

July 2017 Renovation complete on current research tower

Construction of 4 story research tower

Moving CRU to out-of-date lab space to increase access and scope of possible studies